

**LKSD Revised Safe Return to Learn/COVID-19 Guidelines**  
**Effective 07/23/22**

LKSD utilizes the CDC COVID-19 Community Levels guidance for determining a base risk level/operational status of each school in the district. LKSD will ensure that each school is also following local ordinances, should they include more stringent mitigation strategies than the district’s. When an individual community is identified by YKHC as having widespread community transmission, the local school(s) will be moved to the high risk operational status until widespread community transmission of COVID-19 is resolved in that community. Widespread community transmission determinations made by YKHC factor in a case count metric in addition to the total number of positive households within a given community.

**How CDC Measures COVID-19 Community Levels**

The CDC looks at the combination of three metrics — new COVID-19 admissions per 100,000 population in the past 7 days, the percent of staffed inpatient beds occupied by COVID-19 patients, and total new COVID-19 cases per 100,000 population in the past 7 days — to determine the COVID-19 community level. New COVID-19 admissions and the percent of staffed inpatient beds occupied represent the current potential for strain on the health system. Data on new cases acts as an early warning indicator of potential increases in health system strain in the event of a COVID-19 surge.

Using these data, the COVID-19 community level is classified as low, medium, or high.

COVID-19 Community Levels – Use the Highest Level that Applies to Your Community				
New COVID-19 Cases Per 100,000 people in the past 7 days	Indicators	Low	Medium	High
		Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0
Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%		10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	NA	<10.0%	≥10.0%

Click on the link below to access CDC Community Level Guidance:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

**Know Your COVID-19 Community Level**

COVID-19 Community Levels are a new tool to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area.

**COVID-19 County Check**  
 Find community levels and prevention steps by county.

Select a Location (all fields required)

State  County

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**LKSD guidelines for in-person learning:**

LOW & MEDIUM	HIGH
<ul style="list-style-type: none"> <li>• Symptom-free schools</li> <li>• Optional face masks, including on buses</li> <li>• Physical distancing of 3 feet to the extent possible</li> <li>• Hand hygiene and respiratory etiquette</li> <li>• Cleaning and ventilation</li> <li>• Testing of symptomatic students/staff only</li> <li>• In-school contact tracing</li> <li>• Test-to-stay* for students/staff who are identified as close contacts</li> </ul>	<ul style="list-style-type: none"> <li>• Symptom-free schools</li> <li>• Face masks highly recommended, but optional</li> <li>• Physical distancing of 3 feet</li> <li>• Hand hygiene and respiratory etiquette</li> <li>• Cleaning and ventilation</li> <li>• Weekly screening testing for anyone with a signed permission form</li> <li>• In-school contact tracing</li> <li>• Test-to-stay* option for students/staff who are identified as close contacts</li> </ul>

**LKSD guidelines for student activities:**

LOW & MEDIUM	HIGH
<ul style="list-style-type: none"> <li>• Optional face masks</li> <li>• Testing of symptomatic athletes/coaches only</li> <li>• Hand hygiene and respiratory etiquette</li> <li>• Cleaning and ventilation</li> <li>• Test-to-stay* option for students/staff who are identified as close contacts</li> </ul>	<ul style="list-style-type: none"> <li>• Face masks highly recommended, but optional, for indoor and outdoor sports</li> <li>• Weekly screening testing for student athletes and coaches</li> <li>• Hand hygiene and respiratory etiquette</li> <li>• Cleaning and ventilation</li> <li>• Test-to-stay* option for students/staff who are identified as close contacts</li> </ul>

**STUDENT ACTIVITIES**

<b>Activities Topic</b>	<b>Revised Guidance</b>
Spectators	<ul style="list-style-type: none"> <li>• No limit on gym capacity, vaccinated and unvaccinated individuals allowed, follow mitigation strategies for risk level</li> </ul>
Out of region travel for student athletes	<ul style="list-style-type: none"> <li>• Out of region travel for vaccinated and unvaccinated student athletes allowed, unless there is a community quarantine requirement in place for travelers upon return</li> </ul>
Coaches/chaperones	<ul style="list-style-type: none"> <li>• No vaccination requirement</li> <li>• Out of region travel for vaccinated and unvaccinated coaches/chaperones allowed, unless there is a community quarantine requirement in place for travelers upon return</li> </ul>

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**General guidance:**

<b>Topic</b>	<b>Revised Guidance Effective 3/28/22</b>
Return travel from out of region for unvaccinated students or staff	<ul style="list-style-type: none"> <li>• Return to work or school and monitor for symptoms</li> <li>• Follow local mandates if stricter than LKSD’s travel guidance</li> </ul>
COVID-positive students/staff	<ul style="list-style-type: none"> <li>• Isolate for 5 days</li> <li>• Between days 5-9, if no symptoms or symptoms are resolving and fever has resolved for at least 24 hours, you may test out of isolation with a negative COVID antigen test (ex. BINAX) and return to school; wear a well-fitting mask through day 10</li> <li>• Between days 5-9, if COVID antigen test (ex. BINAX) is positive or if you continue to be symptomatic, continue to isolate for the remainder of the 10-day period</li> <li>• Follow local mandates if stricter than LKSD’s guidance</li> </ul>
Close contacts – students or staff	<ul style="list-style-type: none"> <li>• Test-to-stay* option; two BINAX tests in initial seven-day period after last close contact with a person with COVID-19, plus masking for 10 days</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• Quarantine at home and test on day 5; if test is negative return to school on day 6; mask through day 10</li> <li>• Follow local mandates if stricter than LKSD’s guidance</li> </ul>
Household positive	<ul style="list-style-type: none"> <li>• For household members who are asymptomatic, test-to-stay* option (with parent permission); BINAX testing every-other-day and masking for the length of time that the COVID-positive household patient is quarantined; monitor symptoms for a full 14 days, following the last day of possible exposure</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• Quarantine for the same length of time the COVID-positive patient is in isolation; COVID-19 testing should occur on day 1, between days 3-5, and at the end of the quarantine period; monitor symptoms for a full 14 days, following the last day of possible exposure</li> </ul>

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*Test-to-Stay	<p>Test to Stay (TTS) combines <a href="#">contact tracing</a> and <a href="#">serial testing</a> (testing that is repeated at least twice during a seven-day period after last close contact with a person with COVID-19) to allow some students, teachers, and staff who would otherwise need to <a href="#">quarantine</a>, do not test positive for COVID-19, and do not have symptoms of COVID-19 to continue in-person learning. This includes people who are a school-associated close contact, are not up to date on their COVID-19 vaccines, do not test positive for SARS-CoV-2, and have no symptoms. TTS participants should get tested at least upon notification of their close contact and again on 5-7 days after their last close contact with someone with COVID-19.</p> <p>Students who participate in TTS should properly wear well-fitting masks while in school and should stay home and <a href="#">isolate</a> if they develop symptoms or test positive for SARS-CoV-2. Schools considering TTS should have robust contact tracing in place and access to testing resources (for example, testing supplies and personnel to conduct testing, or access to an existing community testing site), among other layered prevention strategies. Testing frequency after a close contact can vary (for example, from twice in a seven-day period to daily), but more frequent testing can more quickly identify students who become infected with SARS-CoV-2 and need to <a href="#">isolate</a>.</p> <p>Schools may consider TTS as an option for keeping asymptomatic school-associated close contacts in the classroom as an alternative to traditional quarantine at home.</p>
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