

Wellness Policy Monitoring Form

Revised 10/15/21

2020-2021

Each year, we must monitor implementation of the District Wellness Policy. This form is being shared with you so that it may serve as the policy monitoring form. Goals are divided into sections: food and beverages sold, food and beverages provided, nutrition promotion and education, physical activity and other school based activity goals. This can be completed by one person or a coordinated effort. This can serve as a working document throughout most of the year, however, they should be completed no later than Feb. 28th, 2021.

Nutrition Guidelines

Food and beverages sold

Food and beverages provided

Wellness Goals

Nutrition Promotion and Education

Physical Activity

Other School-based activities

In accordance with the District's Nutrition Guidelines:

Nutrition Guidelines Foods and Beverages Sold

The District's nutrition guidelines for reimbursable school meals and all other foods and beverages sold or marketed to students during the school day shall be designed to promote student health and reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance, except when the District allows an exemption for fundraising activities as authorized by state and federal rules.

Campus	Are the Nutrition Guidelines in place on the campus? (Yes or No)	Areas of improvement if goals not in place	Plans and timeline to implement goals IF not in place
Brazosport HS	Y		
Brazoswood HS	Y		
Lighthouse Learning	Y		
BWood 9	Y		
Clute Int.	Y		
Freeport Int.	Y		
Lake Jackson Int.	Y		
SFA Elem.	Y		
AP Beutel Elem.	Y		
Freeport Elem.	Y		

Elisabet Ney Elem.	Y		
TW Ogg Elem.	Y		
OM Roberts Elem.	Y		
Velasco Elem.	Y		
B Brannen Elem.	Y		
Polk Elem.	Y		
Madge Griffith Elem.	Y		
Rasco Middle	Y		
Lanier Middle	Y		
B*Success Academy	Y		

In accordance with the District's nutrition guidelines:

Nutrition Guidelines Foods and Beverages Provided

The District shall establish standards for all foods and beverages provided, but not sold, to students during the school day. These standards shall be addressed in the District's wellness plan.

Campus	Are the Nutrition Guidelines in place on the campus? (Yes or No)	Areas of improvement if goals not in place	Plans and timeline to implement goals IF not in place
Brazosport HS	Y		
Brazoswood HS	Y		
Lighthouse Learning	Y		
BWood 9	Y		
Clute Int.	Y		
Freeport Int.	Y		
Lake Jackson Int.	Y		
SFA Elem.	Y		
AP Beutel Elem.	Y		
Freeport Elem.	Y		
Elisabet Ney Elem.	Y		
TW Ogg Elem.	Y		

OM Roberts Elem.	Y		
Velasco Elem.	Y		
B Brannen Elem.	Y		
Polk Elem.	Y		
Madge Griffith Elem.	Y		
Rasco Middle	Y		
Lanier Middle	Y		
B*Success Academy	Y		

In accordance with the District's Wellness goals:

Nutrition Promotion and Education

The District shall implement, in accordance with law, a coordinated school health program with a nutrition education component. The District's nutrition promotion activities shall encourage participation in the National School Lunch Program, the School Breakfast Program, and any other supplemental food and nutrition programs offered by the District.

The District establishes the following goals for nutrition promotion:

1. The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.
2. The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.

The District establishes the following goals for nutrition education:

1. The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.
2. The District shall make nutrition education a District-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.
3. The District shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.
4. The District shall explore and establish school gardens where it is feasible.
5. The District shall establish and maintain farm-to-school programs.

Documentation of programs/activities that support nutrition promotion/education goals. Please list activities:

Campus	Are the Nutrition Promotion/Education goals in place on the campus? (Yes or No)	Areas of improvement if goals not in place	Plans and timeline to implement goals IF not in place
Brazosport HS	Y		
Brazoswood HS	Y		
Lighthouse Learning	Y		
BWood 9	Y		
Clute Int.	Y		
Freeport Int.	Y, Health Fair		
Lake Jackson Int.	Y		
SFA Elem.	Y, Family Fitness Fun Night		
AP Beutel Elem.	Y, Family Fun Night		
Freeport Elem.	Y, Fresh Fruit and Veg. Program		
Elisabet Ney Elem.	Y		
TW Ogg Elem.	Y, Family Color Run		
OM Roberts Elem.	Y, Heart month, JRFH		
Velasco Elem.	Y, school garden, Fresh Fruit and Veg. Program		

B Brannen Elem.	Y		
Polk Elem.	Y, Family Fitness Night, School Health Fair		
Madge Griffith Elem.	Y, Family Fitness Fun Night		
Rasco Middle	Y		
Lanier Middle	Y, Health Fair		
B*Success Academy	Y		

In accordance with the District's Wellness goals:

Physical Activity

The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades.

The District establishes the following goals for physical activity:

1. The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.
2. The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.
3. The District shall make appropriate before-school and afterschool physical activity programs available and shall encourage students to participate.
4. The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.
5. The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.
6. The District shall encourage students, parents, staff, and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available outside of the school day.

Campus	Are the Physical Activity goals in place on the campus? (Yes or No)	Areas of improvement if goals not in place	Plans and timeline to implement goals IF not in place
Brazosport HS	Y		
Brazoswood HS	Y		

Lighthouse Learning	Y		
BWood 9	Y		
Clute Int.	Y		
Freeport Int.	Y, Health Fair		
Lake Jackson Int.	Y		
SFA Elem.	Y, Family Fitness Fun Night		
AP Beutel Elem.	Y, Family Fun Night, Kid Fish Day		
OA Fleming Elem.	Y		
Elisabet Ney Elem.	Y		
TW Ogg Elem.	Y		
OM Roberts Elem.	Y		
Velasco Elem.	Y		
B Brannen Elem.	Y		
Polk Elem.	Y, Jump rope for heart		
Madge Griffith Elem.	Y, Family Fitness Fun Night		
Rasco Middle	Y		
Lanier Middle	Y, Health Fair		

B*Success Academy	Y		
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In accordance with the District's Wellness goals:

Other School Based Activities

The District establishes the following goals to create an environment conducive to healthful eating and physical activity and to promote and express a consistent wellness message through other school-based activities:

1. The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.
2. The District shall promote wellness for students and their families at suitable District and campus activities.
3. The District shall promote employee wellness activities and involvement at suitable District and campus activities.
4. The District's local wellness policy and plan should be considered in planning school-based activities including; field trips, dances, assemblies, and the like.

Campus	Are the other school-based activities in place on the campus? (Yes or No)	Areas of improvement if goals not in place	Plans and timeline to implement goals IF not in place
Brazosport HS	Y		
Brazoswood HS	Y		
Lighthouse Learning	Y		
BWood 9	Y		
Clute Int.	Y		

Freeport Int.	Y		
Lake Jackson Int.	Y		
SFA Elem.	Y		
AP Beutel Elem.	Y		
OA Fleming Elem.	Y		
Jane Long Elem.	Y		
Elisabet Ney Elem.	Y		
TW Ogg Elem.	Y		
OM Roberts Elem.	Y		
Velasco Elem.	Y		
B Brannen Elem.	Y		
Polk Elem.	Y		
Madge Griffith Elem.	Y		
Rasco Middle	Y		
Lanier Middle	Y		
B*Success Academy	Y		

Persons completing this form:

Director Child Nutrition

Campus Principal

Campus Nurse and District Nurse Coordinator

Campus Assistant Principal

PE Teacher

Child Nutrition Manager