Head Bump Injury Report

Student Name: ____________________________ Date: __________

School: ____________________ Teacher/Grade: _______________________________

Where and How Injury Occurred: ________________________________________________________________

Appearance of injury: ________________________________________________________________

SIGNs OBSERVED AND SYMPTOMS REPORTED: __________________________________________________________

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<tr>
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<th>Time admitted to Health Room</th>
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**SIGNS and SYMPTOMS REPORTED:**

- yes no Loss of consciousness (at time of injury)
- yes no Confused or disoriented
- yes no Answers questions slowly
- yes no Uncoordinated or more clumsy than usual
- yes no Dizzy
- yes no Does not “feel right”
- Other

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**TREATMENT:**

- yes no Ice
- yes no Bump washed and bandaged
- yes no Observation
- yes no Nurse Assessment
- yes no Wrist Band (Elementary students only)
- yes no Other

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**FOLLOWING TREATMENT:**

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**FOLLOWING TREATMENT:**

Parent Notification:

- ___ spoke with parent
- ___ unable to contact parent
- ___ message left at ____________________________ (number)
- ___ 911 called

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**Injury witnessed by:**

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**Student assisted in health room by:**

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**Important:** Due to the inconsistent nature of head injuries, children who have received even what is seemingly a slight bump on the head should be closely observed for at least 24 hours after the incident occurs. Signs and symptoms of a concussion can show up right after the injury or may not appear until days or weeks after the injury.

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**Dear Parent:**

Today, while at school, your child received an accidental bump, jolt, or hit to his/her head and/or neck.

If your child reports any of the above listed symptoms:

1. **Seek medical attention right away.** A health care professional will be able to determine if your child has had a concussion, how serious it is, and when it is safe for your child to return to normal activities.
2. **Keep your child out of play.** Concussions take time to heal. Don’t let your child return to sports or PE until a health care professional says it is okay. Children who return to play too soon—while their brain is still healing—risk a second injury which could be much more serious.
3. **If your child is diagnosed with a concussion, written instruction from a Health Care Provider is needed for them to return to school.** A doctor’s note or the Return After Concussion form, from the district web site, may be used. (On RSD website see District Departments/Health Services— forms at the bottom of page)

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**Note:** Parents and their doctor are responsible to determine when a student is fit to return to normal activities. The school may ask for a doctor’s note following a head injury/concussion for a student to return to full participation.

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**CC:** [ ] Parent [ ] Health Room File [ ] School Nurse [ ] Athletic Director (secondary only)