

# CARROLL FRESHMAN LUNCH MENU

Lunch = \$2.30, Milk = \$.60, Adults = \$4.60

NOVEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 NATIONAL GRATITUDE MONTH	November 1  Hot Dog OR Pepperoni Pizza Seasoned Green Beans Potato Wedges Chilled Fruit Cocktail Frozen Treat Milk	2  Chicken Smackers OR Taco Max Snacks With Salsa & Sour Cream Black Bean Dip W/ Tostito Scoops Romaine Salad W/ Dressing Chilled Peaches Milk	3  Grilled Hamburger OR Homemade Macaroni & Cheese Oven Fries California Blend Veg. Rosy Applesauce Milk	4  Pepperoni Pizza Rippers OR Walking Taco Baby Carrots & Grape Tomatoes With Vegetable Dip Seasoned Corn Sweetened Strawberries Animal Crackers Milk
7  Buffalo Chicken Sandwich OR Mini Corn Dog GBaby Carrots W/ Dip Sidewinder Fries Chilled Pears Sunshine Bar Milk	8  BBQ Tater Tot Bowl OR Bosco Stick (2) Tater Tots Fresh Broccoli Florets W/ Dip Warm Cinnamon Apples Milk	9  Chicken Fries W/ Breadstick OR Cheese Quesadilla Refried Beans Mixed Vegetables Chilled Fruit Cocktail Milk	 10  Chicken & Noodles OR Sausage Pizza Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans Chilled Berries Banana Bread Milk	11  Penne W/ Queso Sauce OR Tangerine Chicken Brown Rice Sweet Corn Steamed Broccoli Chilled Peaches Scooby Doo Grahams Milk
14  BBQ Pork Sandwich OR Cheesy Garlic French Bread Cucumber Slices & Carrot Coins With Veggie Dip Romaine Salad With Dressing Warm Cinnamon Apples Milk	 15  Cheesy Italian Pull-aparts OR BBQ Bacon Chicken Sandwich Twister Fries Baked Beans Pickle Spear Blushing Pears Milk  NATIONAL PICKLE DAY	16  Chicken Tenders OR Cheesy Ravioli Steamed Fresh Broccoli Potato Wedges Chilled Peaches Wacky Cake Milk	17  Chicken Chimichanga Salsa & Sour Cream OR Cheesy Breadstick Sweet Corn Carrots & Grape Tomatoes w/ Dip Sweetened Strawberries Milk	18  Charger "Fried" Chicken Drummie Or Roast Turkey Slice Fresh Baked Yeast Roll W/ Margarine & Jelly Mashed Potatoes With Gravy Broccoli Florets W/ Ranch Dip Fresh Red Grapes Thanksgiving Cookie Milk  THANKSGIVING FEAST
 Chick Filay Sand Chick Filay Sauce OR Italian Pasta WG Garlic Breadstick Cheesy Broccoli Romaine Salad W/ Dressing Chilled Pears Milk	22  Hot Dog OR Pepperoni Pizza Seasoned Green Beans Potato Wedges Chilled Fruit Cocktail Frozen Treat Milk	 Happy Thanksgiving		
28  Buffalo Chicken Sandwich OR Mini Corn Dog Baby Carrots W/ Dip Sidewinder Fries Chilled Pears Sunshine Bar Milk	29  BBQ Tater Tot Bowl OR Bosco Stick (2) Tater Tots Fresh Broccoli Florets W/ Dip Warm Cinnamon Apples Milk	30  Chicken Fries W/ Breadstick OR Cheese Quesadilla Refried Beans Romaine & Tomato Salad W/ Dressing Chilled Fruit Cocktail Milk	Dec 1  Chicken & Noodles OR Sausage Pizza Mashed Potatoes W/ Chicken Gravy Seasoned Green Beans Chilled Berries Poppyseed Bread Milk	2  Penne W/ Queso Sauce OR Tangerine Chicken Brown Rice Sweet Corn Romaine Salad W/ Dressing Chilled Peaches Scooby Doo Grahams Milk

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Yogurt & Chef Salad offered daily as an additional choice to the main dish. Menu is subject to change when necessary.

This Institution is an equal opportunity provider.

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## DEPOSIT FORM

DATE OF DEPOSIT \_\_\_\_\_

TOTAL DEPOSIT \$ \_\_\_\_\_

STUDENT NAME \_\_\_\_\_

FAMILY DEPOSIT

CHECK NUMBER \_\_\_\_\_ CASH

THE MINIMUM DEPOSIT IS \$25.00. Checks will be accepted for the amount of deposit only. Please make checks payable to: **CFC FOOD SERVICE**.

**Deposits also accepted online at: <https://nacs.familyportal.cloud>**