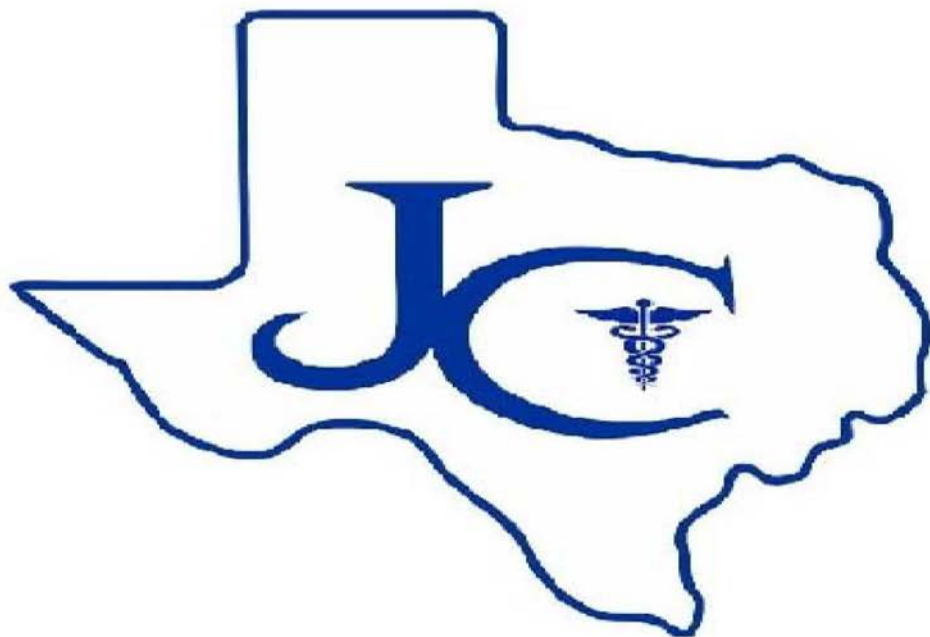


Jarrell High School



Athletic Training Program Application

Jarrell High School

Athletic Training

"The Athlete's Health & Welfare is Our First Priority"

Ryan Williams, LAT

Athletic Trainer

ryan.williams@jarrellisd.org

512-746-2188 ext. 4230 - Office

Dear Prospective Student Athletic Trainer,

I am pleased you are interested in the Jarrell High School Athletic Training Program.

Athletic Training is a great way to meet and get to know other students, athletes, coaches, administrators, and area physicians. The Jarrell Athletic Training Program is also a great way to gain valuable medical experience if you are interested in the medical field as a profession, and it looks great on resumes and college applications.

Becoming a member of the Student Athletic Training Staff will make considerable demands on you and your time. The coaches and athletes depend heavily on the Athletic Training Staff. As a Student Athletic Trainer, you will work practices and games - home and away. This will include some Saturdays and Holidays.

If you are interested in becoming a Jarrell Student Athletic Trainer, please complete the attached application and **return the last three pages along with a copy of a school photo** to me. If you have any questions please feel free to contact me at the phone number or email above.

Sincerely,

Ryan Williams, LAT

Athletic Trainer

Jarrell High School

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Dear Parent! Guardian,

Your son/daughter has expressed an interest in becoming a Student Athletic Trainer at Jarrell High School. This letter, along with the application is being provided in order to give you some insight into who we are and what we do as Athletic Trainers. Your son/daughter will be asked to fill out this application which will require the signature of both you and your child. This will allow us to check everything in their accumulative files in the counselor's office.

We are looking for students who enjoy helping others, have good work and study habits, positive attitudes, are highly motivated, and will be dedicated to the program. They must be willing to work some long and hard hours throughout the week on some weekends and holidays according to athletic schedules.

It is not important that your son/daughter know anything about sports, or have played a sport. The important thing is that they want to be a part of a unique group of students on campus who are here to help others. If they are thinking of entering any aspect of the medical field, this would be an excellent opportunity for them to get a head start on that career.

Becoming a Student Athletic Trainer can be fun and rewarding experience. This program will allow your child to not only grow and mature as a person, but will also help them with communication skill, learning responsibilities, time management and study habits.

Please take the time to look over and discuss the application with your child and contact me if you have any questions or concerns.

Sincerely,

Ryan Williams, LAT

Athletic Trainer

Frequently Asked Questions

What is Athletic Training?

Athletic Training is the prevention, recognition, evaluation, and rehabilitation of athletic injuries.

Injury Prevention, Recognition, Evaluation, and Rehabilitation of athlete may include;

- Prevention- Gaining and maintaining maximum physical conditioning for the athletes
- Recognition- Learning how to recognize different types of injuries
- Evaluation- Learning how to evaluate the severity of injury
- Rehabilitation- Learning rehab techniques to help the athlete recover from an injury

What are the duties, roles, and responsibilities of the Student Athletic Trainer?

- Assisting Staff Athletic Trainers
- Set up for practices and games
- Assist in all forms of taping, wrapping, first aid, and rehabilitation in the Athletic Training Room
- Entering daily treatments into the treatment log
- Stocking supplies in the Athletic Training Room and Emergency Kits
- Assist with pre-season physicals yearly

Will I be required to stay after school?

- During the fall it will be every day during football season
- During the spring it will be according to the sport they are assigned to cover
- Some events require Saturdays and Holidays

What sports are covered?

- Fall Sports- Cross Country, Football, and Volleyball (August- November)
- Winter Sports- Basketball (November- March)
- Spring Sports- Baseball, Softball, Golf and Track (January- April)

What will I learn as a student athletic trainer?

- Basic First Aid
- CPR and Automated External Defibrillator (AED)
- All forms of taping and wrapping
- Medical Terminology
- Anatomy
- Basic Rehabilitation Techniques

Can I do this in College?

- Yes!!
- Some Colleges and Universities assist Student Athletic Trainers with financial aid.
- You can learn the basics and apply the learned skills and knowledge to prepare for college
- If you want to do this in College, we can assist getting you into a program.

What qualities do you look for in a prospective Student Athletic Trainer?

- Highly Motivated
- Strong academics/Maintaining passing grades
- Good work and Study habits
- Good conduct and appearance
- Exceptional attendance and punctuality
- Self-Discipline
- Desire to help others
- Responsible, dependable, honest, and trustworthy
- Ability to get along with others
- Wants to be a part of a unique athletic organization
- Total commitment to the program

What are the benefits of being a Student Athletic Trainer?

- Be introduced at pep rallies and banquets
- Name and picture in the sports programs
- Potential to receive academic all-state award and letter jacket

Will there be a cost?

- The only cost will be to purchase a game day shirt for games each year, usually under \$40.
- If athletic training t-shirts are designed the student will have the opportunity to purchase them.

What happens if I fail a class?

- The first time there will be a conference with the Staff Athletic Trainers and attending tutorials will be required. You will still be required to work practices, but you cannot work games.
- The second time you will be put on Academic Suspension or possibly removed from the Student Athletic Training Program.

Jarrell Student Athletic Trainer Application

Please complete and return to Ryan Williams, the Athletic Trainer at JHS.
(Please PRINT and write LEGIBLY)

Name _____
Last First Middle

Address _____

City _____ Zip Code _____ Home Phone (____) ____-_____

Please Circle one of the Following: Current Grade: 8 9 10 11 12 Sex: M F

Parent/Guardian Names _____

Father's work number (____) ____-_____ Father's Cell (____) ____-_____

Mother's work number (____) ____-_____ Mother's Cell (____) ____-_____

Student's Cell number (____) ____-_____

E-mail address: _____

School Attending Now: _____

School Attending Next Year: _____

Please Attach the Following:

- A recent picture of yourself

Please answer the following questions on the next page(s).

- 1) How did you find out about the Student Athletic Training Program?
- 2) Why do you want to be a Student Athletic Trainer?
- 3) What do you think a Student Athletic Trainer does?
- 4) Do you have experience as a Student Athletic Trainer or Manager?
- 5) Are you currently in any other extracurricular groups or organizations?
- 6) Do you plan to join any other groups or organizations?
- 7) What do you believe you could bring or add to the Athletic Training Program?
- 8) Is there anything else you would like to let us know?

