



TRACK & FIELD CAMP SUMMER 2022

Sponsored by the Ridgewood
Community School.

CAMP INFORMATION

Racefaster Track and Field programs are a great way to introduce your kids to the sport of running. The fun, low pressure environment provided by our coaches is the perfect way for kids at any level to learn an appreciation for running. Racefaster is a US Track and Field Team with opportunities for athletes to continue on to competitions.

PROGRAM BENEFITS

Get expert instruction in many aspects of Track & Field. Activities will include Sprinting, Distance Running, Long Jump, Javelin, High Jump, Discus and much more. The program will build self-esteem & teamwork and will improve physical fitness.



GENERAL CAMP INFO

Grades: For students who have completed grades K-8

Dates: Course # 951, June 27-July 1
Course # 952, July 5-8
Course # 953, July 11-15
Course # 954, July 18-22
Course # 955, July 25-29
Course # 956, Aug 1-5

Location: BFMS Track

Time: 9 am- 3 pm

COST

\$275 per student per week, \$200 per student per week for week of July 5.

WHAT TO BRING

Bring a bag lunch, snacks, water, sneakers, appropriate athletic clothing, a change of clothes and a towel.

ABOUT THE CAMP DIRECTORS

Racefaster coaches bring a wealth of experience and knowledge to the program. Our coaches have worked with all levels, from the beginners to the National Champions. Our philosophy is to encourage kids to enjoy the sport, while fostering their love for running and developing their talent in a fun yet focused way. Our coaches will work on not only the running, form and efficiency, but they will also teach your kids field events, such as long jump, javelin, etc.

YOU HAVE 5 EASY WAYS TO REGISTER:

1. Mail the registration form with your payment.
2. Drop off at Education Center, by appointment
3. Phone it in (201) 670-2777
4. Fax it in, (201) 251-0438
5. Online registration
<https://tinyurl.com/y9g5khze>

Please make checks payable to Ridgewood Community School and mail to 49 Cottage Place, Ridgewood, NJ 07450. Visa or Mastercard are accepted for charges.

RCS WITHDRAWAL & COVID POLICY

Tuition includes a non-refundable \$25 registration fee. Tuition must accompany registration. If RCS cancels the course, you will receive a full refund. If you need to withdraw your child from the class, you must submit your request in writing by 4 pm on June 11th. The tuition will be returned less the \$25 registration fee. If you withdraw your child from the class after June 11th, no refund will be given. Transportation is not provided.

All in-school COVID-19 health and safety protocols for the current school year will continue to be followed during all summer camp sessions, including but not limited to: wearing face masks or coverings; pre-screening for COVID-19 symptoms; maintaining physical distance from others; washing hands frequently; cleaning shared surfaces and equipment regularly; and requiring quarantine for COVID-19 illness, exposure and travel. Your child will be required to quarantine for the relevant time period advised by the CDC and/or New Jersey Department of Health if your child experiences symptoms of, is diagnosed with or tests positive for COVID-19 and if your child is identified as a close contact to someone (e.g., household member) who is diagnosed with or tests positive for COVID-19. Your child may also be required to quarantine pursuant to the New Jersey Travel Advisory if your

child returns from travel outside of the immediate region. Refunds will not be provided if your child is required to quarantine during your child's camp session.

Make check payable to RCS and mail to:		Summer 2022	
PLEASE PRINT		Cash <input type="checkbox"/>	
RCS, 49 Cottage Place		Check <input type="checkbox"/>	
Ridgewood, NJ 07450		Credit Card <input type="checkbox"/>	
Name _____	LAST	FIRST	DOB _____
Address _____			
Town _____	Zip _____	School _____	Grade 09/22 _____
Phone 1 _____	Phone 2 _____		
Parent Name _____		email _____	
COURSE TITLE <u>Racefaster Camp 2022</u>		COURSE # _____	Fee \$ _____
Credit Card # (VISA or MCARD) _____			
CVV _____	Expiration Date _____		