



GARFIELD RE-2 SCHOOL DISTRICT

January 2022

Wamsley Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Winter Break - Closed for the Holidays			
3	4	5	6
Muffin / Cheese Stick Fruit Milk	Gogurt Fruit Milk	Cereal Fruit Milk	Donut Stick Fruit Milk
BBQ Chicken Sandwich Tater Tots Roasted Carrots Peaches Milk	Tacos Pinto Beans with Cheese Mexi Corn Fruit Milk	Pizza Salad Green Beans Pineapple Milk	Hamburger Roasted Potato Wedges Quickles Apple Slices Milk
10	11	12	13
Yogurt Granola Fruit Milk	Muffin Fruit Milk	Breakfast Bread Fruit Milk	Cereal Fruit Milk
Teriyaki Chicken Brown Rice Egg Roll Oranges Milk	Macaroni and Cheese Dinner Roll Broccoli and Cauliflower Pears Milk	Meatloaf Mashed Potatoes Green Beans Strawberries and Blueberries Milk	Turkey and Cheese Sandwich Carrots and Celery with Ranch Baked Frito Chips Milk
17	18	19	20
Muffin Cheese stick Fruit Milk	Go-Gurt Gold Fish Fruit and Milk	Cereal Grahams Fruit Milk	Mini Cinni Fruit Milk
Spaghetti and Meatsauce Garlic Stick Roasted Veggie Fruit Cocktail Milk	Chicken Pot Pie Biscuit Veggie Applesauce Milk	Ham and Cheese Croissant Sandwich Salad Fruit Milk	Chili Con Carne Cinnamon Roll Frito Chips Mandarin Oranges Milk
24	25	26	27
Yogurt Cracker Fruit Milk	UBR Bar Fruit Milk	Cereal Grahams Fruit Milk	Breakfast Bread Fruit Milk
Cheese Burger Roasted Red Potatoes Broccoli Snickerdoodle Cookie Fruit Milk	Breakfast Lunch Sausage Patties Scrambled Eggs Tri Tators Fruit Milk	Chicken Bowl Mashed Potatoes/Gravy Corn Dinner roll Orange Wedges Milk	Cheese Tortellini Marinara Garlic Bread Roasted Veggie Cinnamon Apples Milk
31	<p>USDA Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation or prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied or benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaintfile_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566)632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture Office of the Assistant Secretary of Civil Rights, 1400 Independence Ave., SW Washington, D.C. 20250-9410; fax: (202)690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.</p>		
Muffin /Cheese Stick Fruit Milk			
Meatball Sub Potato Wedges Cucumbers Fruit Milk			

1%, Fat Free or Chocolate Milk is served with each meal

All Kids Eat Free

Menu is Subject To Change

This Institution is an Equal Opportunity Provider

Garfield RE-2 Nutritional Services
Mary McPhee, Director of Nutrition Services
970-665-7697