

VIRTUAL PARENT ENGAGEMENT **WORKSHOP**

Foundational Strategies for Mental Health: Supporting Your Child's Well-Being

Ridgewood K-12
Thursday, May 12th, 2022 @ 7pm

Join Zoom Meeting

<https://us06web.zoom.us/j/88338889948?pwd=QnRLSEFzWm1TbE9wSS82amRJMkRjJdz09>

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 810 8312 4080

Passcode: 063007

Presented By:

Kathy Elleo, LCSW & Sarah Gregor, LCSW
CarePlus NJ, Inc.
School-Based Services
In-District Clinicians



Healthy minds, healthy bodies: