



Co-Sponsored by Ridgewood Parks and Recreation and GCADA

7 HABITS of Highly Effective TEENS

Youth Leadership Training (Grades 9-12)

Presented by The Center for Alcohol and Drug Resources (TCADR)

Facilitator: Jan Ramos, CHES / Prevention Specialist

Thursdays

November 3 December 1, 15 January 5, 12, 19 26 February 2

4:30 to 5:30pm

**Anne Zusy Youth Lounge,
located in Village Hall, 131 N. Maple Avenue**

The 7 Habits of Highly Effective Teens program guides participants to expand and develop leadership principals to help with the tough choices they face daily.

Through interactive activities, self-reflection, and discussion participants will build up their interpersonal skills and self-confidence to gain greater control of their lives. As part of the program, all participants will receive the 7 Habits for Highly Effective Teens book and the complimentary Self-Guided Workbook.

This is an 8-week program commitment co-sponsored by GCADA and the Parks and Recreation Department, funded through a grant awarded to the Ridgewood Municipal Alliance by the New Jersey Department of Human Services/Division on Mental Health and Addiction Services (DMHAS). This program is open to any high school aged student in Ridgewood, regardless of school affiliation. Community service hours earned.

NO FEE! Space limited to 20 students.

Click on "Special Events" tab on Community Pass

Contact the Community Center if you need further information at 201-670-5500 ext 2301.

