



# Ridgewood Public Schools Community Outreach Program

*Co-sponsored by The Valley Hospital, with support from the Ridgewood Education Foundation and the Home and School Association*

OFFICE OF CURRICULUM,  
INSTRUCTION & ASSESSMENT  
49 Cottage Place  
Ridgewood, New Jersey 07450  
201.670.2700

# Wellbeing

## 2016-17 Program

All programs take place from 7:00-9:00 pm at George Washington Middle School, GW Auditorium, 155 Washington Place, unless otherwise noted\*.

**Tuesday, October 18, 2016**

Dr. Robert Brooks  
Psychologist & Author  
*Fostering Family Closeness & Respect*

**Wednesday, November 16, 2016**

Ken Bartolo  
Former Professional Athlete and Motivational Speaker  
*There & Back: A Personal Story of Addiction & Recovery*

**Tuesday, December 6, 2016**

Ron Lieber  
New York Times Money Columnist and Author  
*How, When and Why to Talk to Your Kids About Money*  
\*BF Middle School Auditorium (335 N. Van Dien Ave.)

**Tuesday, December 13, 2016**

Dr. Kim Buxenbaum  
Director of Special Programs, Ridgewood Public Schools  
*Special Education 101*  
\*Ed Center, 3rd Floor Conference Room (49 Cottage Pl.)

**Tuesday, January 10, 2017**

Minding Your Mind  
*Just Talk About It: A Suicide Prevention Program*  
\*Snow Date: Wednesday, January 11, 2017

**Wednesday, February 1, 2017**

Jessica Lahey  
Author, New York Times Columnist & Teacher  
*The Gift of Failure*

**Tuesday, March 14, 2017**

Johanna Kandel, Alliance for Eating Disorders Awareness  
Author, Advocate, and Founder of the Alliance  
*Life Beyond Your Eating Disorder*

**Tuesday, April 4, 2017**

**Dr. Kim Buxenbaum**  
Director of Special Programs, Ridgewood Public Schools  
*Least Restrictive Environment/Transitions*  
\*Ed Center, 3rd Floor Conference Room (49 Cottage Pl.)

**Tuesday, April 18, 2017**

Dr. Catherine Steiner-Adair  
Psychologist and Author  
*Protecting Children & Family Relationships in the Digital Age*

**Tuesday, May 23, 2017**

Dr. Kenneth Ginsburg  
Pediatrician (CHoP), Professor & Author  
*9:30 am Fostering Resilience* \*Ridgewood Public Library Auditorium (125 North Maple Ave.)  
*7:00 pm Authentic Success* \*GW Middle School