

PHYSICAL ACTIVITIES

<p>Aquatics</p> <ul style="list-style-type: none">• Fitness swim• Open swim• Water hockey• Water polo• Swim technique and endurance <p>Badminton</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games <p>Baseball</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games <p>Basketball</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games <p>Cycling</p> <ul style="list-style-type: none">• Explore cycling for sport, recreation, and transportation• History, theory, riding skill development, riding safety, basic maintenance <p>Fitness</p> <ul style="list-style-type: none">• Strength, flexibility, and endurance• Nutrition <p>Floor Hockey</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games <p>Hockey</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games	<p>Physical Pursuits</p> <ul style="list-style-type: none">• Various activity exposure• Physical fitness and conditioning <p>Soccer</p> <ul style="list-style-type: none">• Experienced players looking to play on a rep team or in a league• Drills, foot speed, creativity and understanding the game• High intensity drills <p>Track and Field</p> <ul style="list-style-type: none">• Exposure to speed and power events• Throwing, jumping, sprinting• Skill development <p>Volleyball</p> <ul style="list-style-type: none">• History, theory, rules, officiating, coaching and skill development• Strategy• Drills and sport related games <p>Winter Pursuits</p> <ul style="list-style-type: none">• Experience various winter sports• Ski trip
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FINE ARTS

<p>Art 2Dimensional</p> <ul style="list-style-type: none">• Experience different forms of media <p>Optical Illusions</p> <ul style="list-style-type: none">• Techniques and strategies for creating 2 dimensional optical illusions• Create 3 large projects <p>Painting</p> <ul style="list-style-type: none">• different techniques and tempera and acrylic paint <p>Printmaking</p> <ul style="list-style-type: none">• printmaking using wood linoleum, and other materials• learn how to use carving tools• complete a project	<p>Photography</p> <ul style="list-style-type: none">• elements and principles of design• composition, set-up, exposure• photo editing <p>Commercial Art</p> <ul style="list-style-type: none">• typography and graphic design• poster design• greeting cards• illustrating and cartooning
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FOODS

<p>Food Basics</p> <ul style="list-style-type: none">• Understand recipes, equipment, care in food handling• Safe and efficient work habits• Labs to practice <p>Baked Goods</p> <ul style="list-style-type: none">• Bake muffins, biscuits, cookies• Cakes, pastry <p>Desserts</p> <ul style="list-style-type: none">• Characteristics of different types of desserts which may include gelatin, custard, pastry, puddings, frozen desserts, cakes, chocolates, candies	<p>Snappies</p> <ul style="list-style-type: none">• Creation of snacks and appetizers <p>Food Truck Frenzy</p> <ul style="list-style-type: none">• Work within a budget to design your own truck• Come up with a concept• Test out recipes that you could serve in your food truck
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CULTURE & LANGUAGE

<p>Blackfoot</p> <ul style="list-style-type: none"> • Language and traditions • Traditional and contemporary • Traditional territory, food, clothing, shelter, sharing or information, plants, drumming, singing, games 	<p>Spanish</p> <ul style="list-style-type: none"> • Develop speaking, writing, listening and reading skills in the Spanish language • Legends, traditions, celebrations, traditional food <p>French 7-9</p> <ul style="list-style-type: none"> • Speaking, writing, listening, and reading skills in the French language • Grade 9 Quebec trip
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HANDCRAFTS

<p>Woodworking</p> <ul style="list-style-type: none"> • Proper and safe use of machinery (machine and hand tools) • Single and multiple constructions • Safe work habits and occupational skills • Projects include footstools, chairs, decorative objects and penny hockey table <p>Wood crafting</p> <ul style="list-style-type: none"> • Work with a variety of machines to safely craft works of art from wood • Use templates or come up with an original design <p>Garden Boxes</p> <ul style="list-style-type: none"> • Build garden boxes and learn the basics of horticulture • Students will have an opportunity to learn o to safely operate a number of power tools <p>CO2 Car Design</p> <ul style="list-style-type: none"> • Basic car design elements of aerodynamics and weight principles to design a car to compete for fastest time • Construct, shape, sand and finish their cars 	<p>Crocheting/Knitting</p> <ul style="list-style-type: none"> • Skills with yarn and threadwork • Complete simple projects <p>Stagecraft</p> <ul style="list-style-type: none"> • Design and construction of set pieces, props, and costumes to be involved I the actual creation of items for the school production • Creativity, critical thinking, design and following instructions <p>Jewelry Making</p> <p>Handcrafts</p> <ul style="list-style-type: none"> • Take raw materials and create projects built by hand
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PERFORMING ARTS

<p>Drama (Acting and Theatre Sports)</p> <ul style="list-style-type: none"> • preparing a monologue or scene • improve acting with insider tricks and tips • improvisation techniques <p>Musical Theatre</p> <ul style="list-style-type: none"> • love to sing, dance, and act? • Learn and create musical theatre routines • Act out short scenes from various musical theatre productions <p>Songwriting and Music Recording</p> <ul style="list-style-type: none"> • Students record themselves and others using music recording equipment and the Soundtrap online production website • Fundamentals of live audio recording, audio engineering theory, studio equipment operations, and microphone techniques • Record a cover or an original song <p>Battle of the Bands</p> <ul style="list-style-type: none"> • Develop skills on the guitar, bass guitar, drums, keyboard and pop vocals • Create your own bands and showcase skills in a rock and roll music experience <p>Public Speaking</p> <ul style="list-style-type: none"> • Volume, projection, rate, expression, eye contact • Persuasive speeches, interviews and more <p>Dance</p> <ul style="list-style-type: none"> • Learn new dances from different time periods and cultures • Explore group, partner, and individual dances <p>Film Music Production</p> <ul style="list-style-type: none"> • Students gain skills in a variety of movie making techniques- from film scoring basics to advanced production approaches. Become a composer, producer, arranger, analyst and listener 	<p>Broadcasting and Journalism</p> <ul style="list-style-type: none"> • Work in front of the camera and behind the scenes of a school broadcast • Develop strength in communication, performance, research and writing skills • Recommended for those with a passion of the performing arts, TV/Radio, creative writing and problem solving <p>Choir</p> <ul style="list-style-type: none"> • Explore making music with your voice • Vocal warm-ups, harmony, ear-training exercises, wide repertoire of songs from classical to pop <p>Electronic Music Recording</p> <ul style="list-style-type: none"> • Do you like computers and music? Raps and sick beats? Operate and run a recording studio from the comfort of your laptop. • Create raps, songs, radio jingles, podcasts, hip hop beats and more <p>Concert/Jazz Band</p> <ul style="list-style-type: none"> • Choose a woodwind, brass, or percussion instrument to practice and perform • Students will grow their ability to read music, build on their technical skills, foster team spirit, practice responsible rehearsal habits <p>Stage Make-up</p> <ul style="list-style-type: none"> • Performance make-up • Special effects <p>Guitar</p> <ul style="list-style-type: none"> • Introduction to guitar playing • Fundamentals, basic chords, scales, and techniques <p>Music Madness</p> <ul style="list-style-type: none"> • Intro to music including instruments, vocal techniques, various genres and styles from around the world <p>World Music</p> <ul style="list-style-type: none"> • Experience music from around the world (i.e. African drumming, Hawaiian ukulele techniques, Japanese taiko rhythms, Brazilian samba and more)
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GENERAL

<p>Creative Writing</p> <ul style="list-style-type: none">• Explore possibilities in writing through games, exercises, one on one and group discussion <p>Leadership</p> <ul style="list-style-type: none">• Organize and implement school spirit activities such as theme days, lunch hour activities, dances, and spirit assemblies• Reading and assisting younger children• Presentations and assemblies• Assistance in sporting activities and tournaments (set up, take down, scorekeeping) <p>Survival and Adventure</p> <ul style="list-style-type: none">• Basic survival skills if you ever get stranded in a remote location• Water filtration, edible plants and animals• Orienteering and mapping• Winter survival, emergency first aid• Outdoor games, weather patterns, how to build a fire and shelter and tie various knots <p>Outdoor Education</p> <ul style="list-style-type: none">• Build emergency shelters• Learn how to use map/compass/GPS• Start a fire without matches• Archery• Carving• Traditional aboriginal wilderness skills• Plant and animal track identification• Camping <p>Agricultural Studies</p> <ul style="list-style-type: none">• How food is grown and where it comes from (around the world and locally)• Pest and crop management• Plant biotechnology• Livestock husbandry• Hatching chicks• Making flour and butter	<p>Pick A Project</p> <ul style="list-style-type: none">• Direct your area of study• Work independently or in a small group to create a project of your choice <p>Exploring Board Games</p> <ul style="list-style-type: none">• Play, examine, create board games <p>Forensics</p> <ul style="list-style-type: none">• Hair analysis, blood splatter, fingerprinting, DNA analysis, crime scene sketching• Handwriting analysis• Footprints• Microscope use, data analysis, interview skills <p>Critical Thinking and Problem Solving</p> <ul style="list-style-type: none">• Creative thinking, logical reasoning and collaboration through puzzle solving scenarios• STEAM challenges• Makerspace activities• Logic problems• Building challenges• Design challenges• Cryptograms• Students create and solve mock crime scenes and breakout rooms <p>Enterprise and Innovation</p> <ul style="list-style-type: none">• Examine structure of business in Canada• Develop their own small business, advertising and selling a product to actual customers• Complete a business plan• Use sales strategies, marketing, survey analysis, finance statements and product development <p>Outdoor Games</p> <ul style="list-style-type: none">• Play and create games played outdoors
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Film Study

- Critically explore different genres, the filmmaking process, and the film industry
- Imagine and create original films
- Appreciate film as a form of art, communication, technology, and visual media

Cosmetology

- Fundamental topic areas of beauty industry
- Art and science of beauty care
- Techniques and designs in hair styling, make-up and nails

School newspaper

World Religions

- Students will skim the surface of various religions from around the world.
- Learn culture, beliefs and practices