








# January Lunch Menu



Middle

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
				
<b>MONDAY 9</b> <i>Choice Of One Entrée</i> Breaded Chicken Sandwich Ham and Cheese Sandwich w/ Doritos Lettuce / Tomato Cup Mayonnaise/ Mustard Steamed Broccoli Vegetable Cup Apple Wedges Fruit Choice Choice of Milk	<b>TUESDAY 10</b> <i>Choice Of One Entrée</i> Hamburger on a Bun (Cheese Optional) Homemade Chicken Alfredo Pizza Lettuce/ Tomato/ Pickle Cup Mayonnaise, Mustard, Ketchup French Fries Garden Salad w/Dressing Sliced Peaches Fruit Choice Choice of Milk	<b>WEDNESDAY 11</b> <i>Choice Of One Entrée</i> Breaded Chicken Nuggets/ Roll Mini Corn Dogs w/ Ketchup, Mustard Dipping Sauces Glazed Carrots Seasoned Green Beans Orange Wedges Fruit Choice Choice of Milk	<b>THURSDAY 12</b> <i>Choice Of One Entrée</i> Beefy Nachos Chicken Quesadilla Salsa Pintos w/ Cheese Broccoli Dippers w/ Ranch Sliced Pears Fruit Choice Choice of Milk	<b>FRIDAY 13</b> <i>Choice Of One Entrée</i> Baked Cheese Sticks w/Marinara Baked Spaghetti w/ Roll Carrot Dippers w/ Ranch Seasoned Corn Applesauce Fruit Choice Choice of Milk
<b>MONDAY 16</b>   <b>HOLIDAY NO SCHOOL</b>	<b>TUESDAY 17</b> <i>Choice Of One Entrée</i> Breakfast Pizza (2) Chicken w/ Waffles / Syrup Glazed Carrots Vegetable Cup w/ Ranch Fresh Apple Fruit Choice Choice of Milk	<b>WEDNESDAY 18</b> <i>Choice Of One Entrée</i> Hot Dog on a Bun Hamburger on a Bun (Cheese Optional) Lettuce/ Tomato/ Pickle Cup Mayonnaise, Mustard, Ketchup Vegetable Baked Beans French Fries Orange Wedges Fruit Choice Choice of Milk	<b>THURSDAY 19</b> <i>Choice Of One Entrée</i> Chicken Tenders w/Dipping Sauce/ Roll Homemade Meatloaf w/ Roll Buttered Carrots Mashed Potatoes Peaches Fruit Choice Choice of Milk	<b>FRIDAY 20</b> <i>Choice Of One Entrée</i> Pepperoni or Cheese Pizza Chicken Tetrazzini w/ Roll Seasoned Corn Steamed Broccoli Rosy Applesauce Fruit Choice Choice of Milk
<b>MONDAY 23</b> <i>Choice Of One Entrée</i> Breaded Chicken Sandwich Philly Steak and Cheese Baked Potato Roll w/ Potato Lettuce, Tomato, Pickle Cup Mayonnaise/Ketchup Broccoli Dippers w/ Ranch Seasoned Corn Peaches Fruit Choice      Choice of Milk	<b>TUESDAY 24</b> <i>Choice Of One Entrée</i> Soft Taco w/ Cheese w/ Sour Cream Cheese Quesadilla w/ Sour Cream Salsa/ Shredded Lettuce, Tomato Cup Pintos w/ Cheese Mayonnaise/Ketchup Vegetable Cup Orange Wedges Fruit Choice Choice of Milk	<b>WEDNESDAY 25</b> <i>Choice Of One Entrée</i> Pulled Pork Nachos w/ Sour Cream Taco Mac w/ Roll Broccoli w/ Cheese Glazed Carrots Apple Wedges Fruit Choice Choice of Milk	<b>THURSDAY 26</b> <i>Choice Of One Entrée</i> Breaded Chicken Nuggets/ Roll Sloppy Joe on a Bun Dipping Sauces Mashed Potatoes Seasoned Green Beans Sliced Pears Fruit Choice Choice of Milk	<b>FRIDAY 27</b> <i>Choice Of One Entrée</i> Baked Cheese Sticks w/Marinara Baked Spaghetti w/ Roll Seasoned Corn Carrot Dippers w/ Ranch Applesauce Fruit Choice Choice of Milk
<b>MONDAY 30</b> <i>Choice Of One Entrée</i> Chips w/ Queso Beef Quesadilla Shredded Lettuce/ Tomato Cup Sour Cream /Salsa Seasoned Pinto Beans Seasoned Corn Applesauce Fruit Choice Choice of Milk	<b>TUESDAY 31</b> <i>Choice Of One Entrée</i> Popcorn Chicken Nuggets/ Roll Fish Nuggets w/ Roll Dipping Sauces w/ Chicken Carrot Dippers w/ Ranch Mashed Potatoes Sliced Pears Fruit Choice Choice of Milk		<p>The Catoosa County Schools Child Nutrition department strives to follow planned menus; however, current supply challenges and schedule changes may cause our kitchens to alter plans. Therefore, menus are subject to change.</p> <div style="display: flex; justify-content: space-around; align-items: center;">    </div> <p style="text-align: center;">***FREE - MealViewer-in your Favorite App. Store!***            ***See your Child's Menu on your phone, tablet, or computer***</p>	