






# October Lunch Menu



Middle

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<b>Choice Of One Entrée</b> Breaded Chicken Sandwich Philly Steak and Cheese Baked Potato Roll w/ Potato Lettuce, Tomato, Pickle Cup Mayonnaise/Ketchup Broccoli Dippers w/ Ranch Seasoned Corn Peaches Fruit Choice      Choice of Milk	<b>Choice Of One Entrée</b> Soft Taco w/ Cheese w/ Sour Cream Cheese Quesadilla Salsa/ Shredded Lettuce, Tomato Cup Pintos w/ Cheese Vegetable Cup Orange Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Pulled Pork Nachos w/ Sour Cream Taco Mac w/ Roll Glazed Carrots Garden Salad w/Dressing Apple Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Breaded Chicken Nuggets/ Roll Sloppy Joe on a Bun Dipping Sauces Mashed Potatoes Seasoned Green Beans Sliced Pears Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Baked Cheese Sticks w/Marinara Baked Spaghetti w/ Roll Seasoned Corn Broccoli Dippers w/ Ranch Applesauce Fruit Choice Choice of Milk
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
FALL BREAK    NO SCHOOL	FALL BREAK    NO SCHOOL	FALL BREAK    NO SCHOOL	FALL BREAK    NO SCHOOL	FALL BREAK    NO SCHOOL
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
<b>Choice Of One Entrée</b> Chips w/ Queso Beef Quesadilla Shredded Lettuce/ Tomato Cup Sour Cream /Salsa Seasoned Black Beans Seasoned Corn Applesauce Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Popcorn Chicken Nuggets/ Roll Fish Nuggets w/ Roll Dipping Sauces w/ Chicken Carrot Dippers w/ Ranch Mashed Potatoes Sliced Pears Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Penne Pasta Alfredo w/Roll Corn Dog w/ Mustard/ Ketchup Broccoli w/ Cheese Garden Salad w/Dressing Apple Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Breakfast Pizza (2) Sausage and Eggs w/ Biscuit Glazed Carrots Seasoned Roasted Potatoes Orange Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Pepperoni or Cheese Pizza Homemade Chili w/ Cheese Toast Seasoned Corn Cucumber Slices w/ Ranch Peaches Fruit Choice Choice of Milk
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
<b>Choice Of One Entrée</b> Macaroni and Cheese/Roll Ham and Cheese Sandwich w/ Doritos Lettuce /Tomato Cup Mayonnaise/ Mustard Steamed Broccoli Vegetable Cup Apple Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Hamburger on a Bun (Cheese Optional) Homemade BBQ Pizza Lettuce/ Tomato/ Pickle Cup Mayonnaise, Mustard, Ketchup French Fries Garden Salad w/Dressing Sliced Peaches Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Breaded Chicken Nuggets/ Roll Mini Corn Dogs w/ Ketchup, Mustard Dipping Sauces Glazed Carrots Seasoned Green Beans Orange Wedges Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Beefy Nachos Chicken Quesadilla Salsa Pintos w/ Cheese Broccoli Dippers w/ Ranch Sliced Pears Fruit Choice Choice of Milk	<b>Choice Of One Entrée</b> Baked Cheese Sticks w/Marinara Baked Spaghetti w/ Roll Carrot Dippers w/ Ranch Seasoned Corn Applesauce Fruit Choice Choice of Milk
MONDAY 31				
<b>Choice Of One Entrée</b> Chips w/ Cheddar Cheese Sauce Philly Cheese Steak Sandwich Baked Beans Garden Salad w/Dressing Sliced Pears Fruit Choice Choice of Milk	<p style="text-align: center;"><i>The Catoosa County Schools Child Nutrition Department strives to follow planned menus: however, current supply changes and schedule changes may cause our kitchens to alter plans. Therefore, menus are subject to change.</i></p> <div style="display: flex; justify-content: space-around; align-items: center;">    </div> <p style="text-align: center;">***FREE-MealViewer-In Your Favorite App. Store!***            *** See your Childs menu on your phone, tablet, or your computer***</p>			