
DAC January Meeting Agenda

"I want to convince you to stop talking about diversity, because, one, the word is misleading us and, two, because we don't actually care about it." -[Paloma Medina](#)

Meeting overview: We will discuss any and all updates for the committee for this meeting and create a shared understanding of anti-racist concepts.

- 7:00 pm | Welcome & Land Acknowledgement
- 7:05 pm | Grounding Storytelling Activity
- 7:20 pm | District Updates Regarding Equity & Inclusion (Focus Groups)
- 7:30 pm | An Introduction to Anti-Racism (Foundational Language)
- 7:50 pm | Announcements, Questions, Closing & Committed Action

In preparation for our meeting, if you have not done so already, [please complete this 2 question survey](#) and reflect on the following questions:

- Who am I?
 - "You are everything within you and everything that surrounds you."
- What are my social identities?
 - "Your many identities are parts of the whole you: one part alone does not define who you are."
- What is race?
 - "The concept of race is not actually based on science, it is a creation of society."
- What is racism?
 - "Racism is personal prejudice and bias AND the systemic misuse and abuse of power by institutions."

Suggested reading this month: *Pushout* by Monique W. Morris

- We are hosting a [free book club discussion](#) with educators from across the country. You are welcome to join us!

Wellness tip for this month: Health and wellness apps are great motivational tools that help us be more aware of our health. Try using one to track your sleep, nutrition, or fitness. At the end of each week, pay attention to what patterns you notice and reflect on what those patterns mean to your quality of life.

Resting Affirmation for this month: When I rest, I make room for what matters most.

Living Affirmation for this month: I owe no one perfection.